



## **Pregnant and Parenting Women's Campus**

### **Beth's Place~ Casita ~ Riel House**

#### **Information you will need before coming in:**

- ❖ Our programs are up to 6 months, based on ASAM (assessment) criteria.
- ❖ We are a smoke & tobacco free campus. This means you may not smoke/ use tobacco products on or off campus, anywhere at any time.
- ❖ You may share a room with others and/or sleep in bunk bed
- ❖ For the safety of all patients, all your belongings will be searched at intake, and daily room checks will be performed.
- ❖ We follow a Bed Bug policy to ensure we stay bed bug free.
- ❖ Once in treatment, anything brought into the treatment facility must first be approved by your counselor and treatment team. It must be identified as a "need" and it may replace other items originally brought. The patient rooms have limited space.
- ❖ The first few (typically 3 to 5) days in treatment are to provide you with a stabilization period, to support your initial engagement, and to support your adjustment to being in treatment. Any phone calls will happen with your counselor. Calls to children are permitted, and will be facilitated by the parent educator.
- ❖ You can receive mail during your stabilization period. However, no correspondence with anyone who is in jail/prison is allowed.
- ❖ During your first 30-45 days (Phase 1), you will remain on the campus, except when accompanied by staff to a medical appointment or other approved activity.
- ❖ If you are pregnant, you will receive prenatal care in Yakima.
- ❖ Financial staff will be your Authorized Representative (protective payee) with DSHS, while you are in treatment, which includes over-site of WA. State benefits, including cash and food stamps.
- ❖ After stabilization period you may request visitors. Visitors must be approved by DCYF, Probation, and Drug courts if they are involved with you. If not involved with these types of systems, your visitors, at their expense, must have a current Washington State Background check prior to visiting. All visitors 12 years or older are required to attend 4 weeks of Family Focus to be eligible for continued visiting privileges. They learn about substance use disorder, mental health disorders, treatment and how to get and give support to people in recovery.
- ❖ Family focus is Saturdays and Sundays 1-2pm, visiting 2-4pm. After the first 4 sessions, visitors can visit from 1-4pm on visiting day. In general, visits will be approved once each week.
- ❖ Visitors are not allowed to bring in purses, bags, phones, or other items, including food. We do not have visiting during the weekdays, unless cleared by the clinical team, well in advance on a case by case special exception.
- ❖ If you choose to leave treatment against program advice we will make every effort to insure your safe departure however, this may mean you be taken to the mission/shelter, with all belongings available, pending bus departure or while waiting for private transportation, etc.

Beth's Place - 608 Superior Lane Yakima WA 98902  
Casita - 605 Superior Lane Yakima WA 98902  
Riel House 613 Superior Lane Yakima WA 98902



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#### A "Packing List" as you Prepare for admission to the Triumph PPW Campus

Bring no more than 40 TOTAL items

Bring a combination of the following, no more than 40

~Think of what will fit in 1-duffle bag & 1 tote for personal hygiene items~

***Laundry machines & Laundry soap are available (no cost)***

- 1 pair of slippers (something must be on your feet at all times in this facility)
- 3 shoes – athletic & combo- depends on season: 1 pair boots, 1 pair flip flops/sandals
- 1 coat or jacket
- 7 combo- sweatshirt, long sleeve, short sleeve shirts - No strapless tops please
- 7 combo-sweatpants, jeans, shorts (shorts must cover to mid-thigh at a minimum)
- 3 P.J.'s- PJ sets, or lounge pants/top, or night gown- combo (must have sleeping apparel)
- Underwear and bras
- Socks

#### ***In addition to the clothing items you may bring the following:***

- Stamps /envelopes
- MP3 player w/headphones or older ipod (devices must lack wifi capability)
- 3 appropriate reading material (Recovery, Spiritual, 1 leisure book or parenting based material)
- 1 personal pillow, 1 personal towel
- 1 water bottle (must be transparent)
- 1 purse w/wallet
- 1 favorite blanket

#### Personal Hygiene tote

- 1 each - New unopened shampoo, conditioner, hair gel/grease, lotion, soap/body wash, toothpaste, tooth brush & deodorant - **any items containing alcohol in first 3 ingredients will be sent out immediately with your transporter, or be donated to an outside charity**
- 1 small make-up bag containing make-up
- 1 curling iron or straightner – **for safety reasons if ever found plugged in and unattended, it will be removed and returned only at time of discharge**
- 2 nail polish, 1 nail polish remover, 1 nail file, 1 small bag cotton balls (all will be kept locked in the medication room and checked out for use)
- 1 package of sanitary pads/tampons

***Reminder: If you leave the program, you must take all belongings. If you do not, Triumph Treatment Services (TTS) will only hold them for 72 hrs. – 3 Business days (Weekends do not Count). After that time they will be donated to an outside charity. TTS is not liable for any lost or stolen items. TTS cannot mail them to you.***



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**Items for Children**

**Children’s Packing list ~1 Duffle bag~**

- 14 outfits
- 7 PJ’s
- 3 pair shoes
- Socks/underwear
- Diapers/ wipes
- Bottles/ formula (WIC vouchers/folder)
- Immunization records, Provider One card and Healthy options card
- Car seat
- Baby bath
- No more than a small laundry size basket of toys/books for your room (we supply house toys and books)
- 1 favorite blanket
- 10 receiving blankets for infants

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<p>YES- bring Photo ID if possible          YES – bring Provider one card/H.O. card</p>
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**We Provide:** Furniture, bedding, towels, laundry facilities & laundry soap (no cost), patient phone

**We provide:** basic hygiene “needs” only, such as shampoo, soap, toothpaste, lotion, deodorant, comb, tampons/pads, OTC Tylenol, Ibuprofen, antacids (with Dr. order).

<p><b>You will have Very Limited Space for the things you will need for your stay. The Program has No Additional storage space Available</b></p> <p>If you have something that is particularly important, is extremely valuable to you , or on the Prohibited items list; <b><u>LEAVE IT AT HOME, WITH YOUR FAMILY, OR WITH A FRIEND!</u></b> We Simply DO NOT Have a Place or the Space to keep additional items for you.</p>
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- **No** Cell phones
- **No** Wifi accessible devices of any kind
- **No** cigarettes, tobacco products, vape devices/e-cigarettes, matches, lighters, etc...
- **No** jewelry or other valuables (if wearing jewelry, keep it on at all times or risk losing it)
- **No** outside food or beverages, water only
- **No** weapons of any kind
- **No** drugs or paraphernalia
- **No** medications without current prescription. This includes all Over the Counter (OTC) medications and/or Vitamin Supplements i.e. (Tylenol, Ibuprofen, Tums, cough drops, this includes all children's medications as well; Tylenol, Desitin, Teething tablets, ETC) **All medications must be in the original bottles, must be current, and must not be broken or tampered with in any way.**
- **No** cologne/perfume or other body sprays (many include alcohol, and we may have adults and children with severe allergies or compromised respiratory systems)
- **No** Incense, candles, or air fresheners
- **No** offensive and/or Drug/Alcohol emblems on clothing
- **No** strapless tops or dresses/shorts that are not at least mid-thigh length or longer.
- **No** large sums of money (bring no more than \$30.00 cash)
- **No** pornographic material of any kind
- **No** portable DVD players, computers, TV's, hand held electronics or tablets of any kind.
- **No** Cameras (confidentiality issue) unless disposable cameras
- **No** cards, games, beadwork, other hobby material (you'll be focusing on recovery). Each program has a variety of games and craft supplies as needed for projects and treatment assignments.
- **No** hair clippers or hair dye
- **No** false nails or nail glue
- **No** personal pleasure devices

I have read, understand, and agree to comply with all of these guidelines regarding Items allowed and not allowed while I am a patient in the program.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_